



Conflict in Ukraine

Situation Report #45

October – December 2024 Updates // published February 3, 2025

Situation Overview

Hostilities continue to ravage parts of Ukraine, destroying homes and civilian infrastructure, causing an increase in civilian casualties and trauma cases, and exacerbating urgent health and humanitarian needs across the country. As the third anniversary of Russia’s full-scale invasion nears, Ukraine’s health system infrastructure and workforce continues to feel the impact of the violence.

There has been a decrease in the availability of essential health services and medicines as a result of the prolonged conflict and **over 9.2 million people across Ukraine are estimated to need health assistance in 2025**. The urgency of Ukrainian’s health needs is being driven by increased and ongoing disruptions to the health system, attacks on health care facilities and personnel, the prevalence of noncommunicable diseases, the increased need for trauma care and physical rehabilitation services, and a surge in the demand for mental health and psychosocial support (MHPSS) services.

The ongoing violence is significantly affecting Ukrainian’s mental health. Adults and children directly exposed to conflict, displacement, or severe trauma are at an increased risk of developing chronic psychological conditions like post-traumatic stress disorder, which raises the importance

KEY HIGHLIGHTS



Since the conflict erupted in 2022, around **6.9 million** Ukrainians have become refugees and **3.5 million** Ukrainians have been internally displaced. Nearly **993,795** Ukrainian refugees are living in Poland and **135,861** are living in Moldova.



Our team in Ukraine continues to focus on providing critical support to **conflict-affected communities near the front lines** in eastern and southern Ukraine, where individuals are often without access to **primary health, WASH, and MHPSS services**.



Project HOPE’s teams in **Poland and Moldova** continue to address gaps in essential services, including **primary health, MHPSS, and protection services** for refugees and host community members.

of ensuring access to mental health and psychosocial support services for those living in frontline communities, internally displaced people (IDPs), and people with family members in the military.

Since February 2022, there have been **2,215 verified attacks on health care** infrastructure, patients receiving care, medical transportation, supplies and medical staff. In addition, at least **12,456 civilians**, including 669 children, were killed, and 28,382 others, including 1,833 children, were injured.

Recent attacks have directly impacted clinics and health workers supported by Project HOPE. On November 11, 2024, an artillery attack in eastern Ukraine damaged a health clinic supported by Project HOPE and killed Dr. Oleksandr Baranov, a 30-year-old family doctor who occasionally served as a substitute psychologist for Project HOPE's mobile medical unit (MMU) in Nikopol, Ukraine. This devastating attack not only took a young doctor's life and injured another but highlights the extreme dangers health workers face every day as they risk their lives providing essential care in frontline communities. We condemn this and all attacks on health care workers and facilities. **Despite these threats, our team in Ukraine remains committed to providing critical care to people in Ukraine.**

Project HOPE's Response

Project HOPE continues to implement a highly coordinated, comprehensive humanitarian intervention in Ukraine and the neighboring countries of Moldova and Poland. **In Ukraine**, Project HOPE's humanitarian assistance focuses on supporting local primary and secondary health facilities with essential medicine, medical supplies, and equipment, as well as reconstruction projects for health care facilities. Project HOPE's team in Ukraine is also addressing MHPSS; protection; water, sanitation, and hygiene (WASH) and winterization needs like non-food items and solid fuel.

In Moldova and Poland, our teams are working to address gaps in essential services for refugees and host community members, focusing on primary health, MHPSS, and protection services.

In all areas of our response, Project HOPE works closely with government officials, local partners, and coordination clusters (groups of humanitarian organizations coordinating relief work across multiple sectors) to ensure that our efforts address the most pressing needs. The following pages outline the impact of our response activities to date.

Ukraine Update

- Provided **humanitarian assistance to 452 facilities to date**, including 340 health facilities, 13 centers for IDPs, 57 local administrations, and 21 non-governmental organizations in 23 oblasts — with **6,100 pharmaceutical items** provided to health facilities in the fourth quarter of 2024.
- Distributed over **88,132 winterization supplies and non-food items**, including thermal clothes, electrical heaters, kettles, mattresses,

KEY HIGHLIGHTS (CONT...)



With winter weather further compounding humanitarian needs, our team is delivering **solid fuel** and providing other **winter assistance** to frontline communities.



A woman living in a frontline community in the Kramatorsk region smiles at a solid fuel distribution conducted by Project HOPE to support the needs of conflict-affected communities during winter. Photo by Oleksii Kozodaiev for Project HOPE, 2024.



Children at Project HOPE's MHPSS Center in Dnipro participate in an art therapy session. Photo by Stanislav Vierbii for Project HOPE, 2024.



EMS workers practice their skills at a Basic Life Support training session held by Project HOPE in Dnipro. Photo by Stanislav Vierbii for Project HOPE, 2024.

pillows, blankets, bed linens, and solid fuel to 87 health and social service facilities.

- Donated a total of **3,500 jackets and 3,500 hats**, valued at over \$190,000 to the **Dnipropetrovsk Regional Center for Emergency Medical Care and Disaster Medicine**, ensuring that all Dnipropetrovsk oblast emergency brigades are fully equipped with the supplies they need to provide critical care in winter.
- Delivered and installed **234 generators** to strengthen the capacity of **128 facilities**.
- Equipped first responders in Kherson, Kharkiv, and Dnipro oblasts with **nine ambulances**, supporting a total of **23,255 patient transportations** to date and **4,632 transportations** in the fourth quarter of 2024.
- Through **surge staff activity**, provided a total of **1,301,720 medical consultations to 546,437 patients** at health facilities across Ukraine — reaching **66, 018 patients** in the third fourth of 2024 through **174,257 consultations**.
- Provided **gender-based violence response services to 50,597 people** to protect and care for survivors — reaching **5,859 survivors** in the fourth quarter of 2024.
- Reached **11,899 health workers from 87 health facilities** with trainings on topics like European Pediatric Advanced Life Support, Trauma and Disaster Team Response, Psychological First Aid, Mental Health Gap, Basic Life Support, Infection Prevention and Control, WASH, Sexual and Gender-Based Violence, Medical Supply Chain, and nursing — with **278 health workers** trained in the fourth quarter of 2024.
- Continued door and window replacement project at **Kherson Regional TB Dispensary**. To date, **16 health and social service facilities** have been successfully reconstructed by Project HOPE's team and reopened in Kyiv, Chernihiv, Kharkiv, Kherson, Dnipro, and Sumy oblasts.
- Distributed **178,612 hygiene kits and essential non-food items** to cover the basic needs of **332,368 individuals** — with **8,621 family hygiene kits, 1,242 individual hygiene kits, 1,015 elderly kits, 796 baby hygiene kits, and 433 adult diapers** delivered in the fourth quarter of 2024.
- Delivered **1,488,864 six-liter bottles of drinking water** to 12 health facilities and community members in 35 settlements to cover the needs of **118,116 Ukrainians** — with 58,752 six-liter bottles delivered to **12,027 Ukrainians** in the fourth quarter of 2024.



Project HOPE provided **MHPSS services to 238,851 Ukrainians** at five IDP centers, eight MHPSS sites established by Project HOPE, 28 hospitals, and through online consultations — reaching **21,164 participants** in the fourth quarter of 2024.



Project HOPE operates **47 MMUs** that have since provided **1,145,996 medical consultations** (including 15,141 mental health consultations) to **470,287 patients** in the Zaporizhzhia, Odesa, Mykolaiv, Kherson, Dnipropetrovsk, Donetsk, Dnipro, and Kharkiv oblasts — with MMUs reaching **76,263 patients** in the fourth quarter of 2024 through **220,310 consultations**.



Project HOPE's Program Director, Caine Cortellino; the Governor of Dnipropetrovsk regional administration, Serhii Lysak; the head of the Emergency Medical Care and Disaster Medicine Center, Radiy Shevchenko; and paramedic teams participate in a uniform handover event where Project HOPE donated 3,500 winter jackets and hats to EMS workers. Photo by Stanislav Vierbii for Project HOPE, 2024.

Moldova Update

- Distributed **440 units of pharmaceutical items, 235 units of medical supplies, and 299 pieces of medical equipment** worth of \$56,000 to primary health facilities Ștefan Vodă, Florești and Telenești in the fourth quarter of 2024.
- Supported **197 people** from Florești and Ștefan-Vodă districts with **eye health screenings and rapid tests** for blood glucose and cholesterol levels — with 54 individuals reached in the fourth quarter of 2024.
- Trained **265 health workers at 27 health facilities** on topics like on basic life support, palliative care training, natal checkups, mental health, communication skills, and tele-mentoring — with **112 health workers** trained in the fourth quarter of 2024.



Children participate in an art therapy session conducted by Project HOPE's partner, The Moldova Project, at an accommodation center for Ukrainian refugees in Criuleni, Moldova. Photo by Nikita Hlazyrin for Project HOPE, 2024.

- Through our local partner, The Moldova Project, Project HOPE provided **1,427 people** (1,070 children, 368 adult refugees) with a range of **MHPSS services at five child friendly spaces** — with 618 people reached in the fourth quarter of 2024.
- Supported **397 Ukrainian refugees** with **medical vouchers** and **100 individuals** with **hygiene vouchers** in the fourth quarter of 2024.
- In collaboration with Florești Primary Healthcare Center, Project HOPE organized a five-day **summer school** with the theme “Teen Health” for **25 teenager and pre-teenager children** from Florești. Following the event, the participants acted as **health ambassadors** and provided information sessions on physical and emotional development, mental health, nutrition, risk factors, and adolescent rights to **122 students**.
- Launched a **Patient School**, organizing Training of Trainers (TOT) session for **16 nurses** from Ștefan Vodă and focusing on home care and the management of patients with chronic conditions affecting the respiratory, cardiovascular, endocrine, neurological systems — with **97 people** trained by nurses in the fourth quarter of 2024.
- Distributed **900 educational brochures** covering topics such as **breastfeeding, nutrition in pregnancy, postnatal care, diabetes management, decubitus prevention, and hand hygiene** to Ștefan Vodă, Florești, and Telenești primary health facilities in the fourth quarter of 2024.



Project HOPE is operating **three MMUs** that have since provided **3,382 medical consultations to 2,442 patients and 1,576 mental health consultations to 1,381 patients** in Ștefan Vodă, Florești and Telenești districts — reaching **900 patients with 1,065 medical consultations and 679 patients with 788 mental health consultations** in the fourth quarter of 2024



Elena, an older woman managing multiple chronic health conditions and mobility challenges, talks with a member of the mobile team created by Project HOPE and the Florești Primary Healthcare Center to reach vulnerable populations in rural areas with limited or no access to health care. Photo by Nikita Hlazyrin for Project HOPE, 2024.

Poland Update

- In partnership with the Institute of Psychology at Jagiellonian University in Krakow, the Project HOPE Polska team has launched the **Mind C.A.R.E.** (Communication, Acceptance, Relationships, and Empowerment) training program, which strives to improve the mental well-being of school nurses and professionals and empower them with the skills they need to better support students. To date, the program has reached **153 school and health professionals** from the Małopolskie, Lubelskie, and Podkarpackie Voivodships — with 99 participants reached in the fourth quarter of 2024.
- Facilitated **895 Polish and English language classes** for **611 people** – with **308 people** reached in the fourth quarter of 2024.
- Supported **74 individuals with translation services** for medical and administrative documents — with 30 people reached with this support in the fourth quarter of 2024.



Project HOPE continues to operate **two mobile MHPSS units** that have since provided **681 mental health consultations to 387 Ukrainian Refugees; 292 individual social work sessions to 121 Ukrainians; and 411 social cohesion sessions to 389 Ukrainians at six shelters** for Ukrainian refugees across Małopolska, Podkarpackie, and Lubelskie. These units reached **270 individuals** during **2,566 visits** in the fourth quarter of 2024 through a variety of MHPSS activities.