



**Provided direct** medical services to 2.3 million patients





Reached 1.7 million

people affected by disasters and humanitarian crises



Screened or tested nearly **853,000** people for TB, HIV, diabetes, hypertension, or other diseases





Reached more than **54,000** people living with HIV



Reached more than 4.4 million people worldwide





**Donated** \$71 million

in essential equipment, medicines, and medical supplies



## **Marking 65 Years of Impact**

In the past year, we have witnessed the far-reaching consequences of inadequate access to health care and a devastating list of crises.

Stark increases in migration and displacement. Catastrophic earthquakes in Türkiye, Syria, and Morocco. Heart-wrenching violence in Sudan, Haiti, Ukraine, Israel, and Gaza. The continued impacts of a dangerous health worker shortage.

In the face of such serious challenges, we remain committed to meeting the most urgent needs while building long-term solutions that transform the health of our global communities.

2023 was also a year of tremendous courage and global action. Despite the unprecedented risks humanitarians face, Project HOPE responded swiftly to deliver emergency relief, mental health services, maternal and newborn care, and vital support to health workers worldwide. This required a unified effort across our organization and with our partners and donors, all of whom are dedicated to ensuring access to compassionate medical care in the face of adversity.

Last year also marked Project HOPE's 65th anniversary, a milestone that reinforces our long commitment to transforming global health since our founding in 1958. Though the threats have never been more serious, our commitment remains steadfast: to ensure equitable access to health care for everyone, everywhere.



**Rabih Torbay** President and CEO

## A Commitment to Impact That Lasts

When Project HOPE embarked on an extensive strategic planning effort two years ago, the organization foresaw many of the drivers affecting human health around the world. This included climate change, global conflict, the growing risk of pandemics, the global shortage of skilled health care workers, the extreme mental health pressures these workers face, and a general decline in health care access for myriad reasons.

What we could not predict was just how acute each of these trends would become just two years later. We are living in a complex and dangerous world, and human health is at greater risk today than at any time in perhaps the last hundred years.

Fortunately, our strategic plan also focused on building a resilient organization focused on outcomes and impact, and capable of executing with excellence. As we execute the plan, we are building a world-class programmatic delivery capability; becoming an employer of choice for talented, altruistic professionals with a passion for global human health; creating a strong culture of ethical behavior and compliance; and ensuring sustainability through rigorous financial management. We are firmly focused on growth we knew need would be increasing everywhere, and that would enable us to serve the most people.

Our Board of Trustees enthusiastically supported this plan, and as we approach the halfway point, we are pleased with the progress, motivated by the growing importance of our work, and excited about the future of Project HOPE. We are also extremely proud of the dedication and selflessness of the entire Project HOPE team.

Project HOPE marked its 65th anniversary last fall, and we are incredibly appreciative of the contributions of all of our supporters and partners. This journey is only possible through your encouragement and active support. We believe Project HOPE is uniquely positioned to rise to the increasing global health challenges as we look toward 2030.

I am gratified to be a part of this wonderful organization.



Reynold W. Mooney Chair, Project HOPE **Board of Directors** 

THE HOPE WE SHARE Project HOPE — 2023 Annual Report

# **Urgent Relief**

2023 was another year of urgent global health emergencies. When health systems are damaged or destroyed, our emergency response teams deploy immediately to ensure communities in need have the medical care, medicines, and mental health support they need. Thanks to support from our donors, Project HOPE's emergency response teams deployed to major earthquakes in the Middle East and North Africa; ongoing humanitarian crises in Sudan, Haiti, Ukraine, and Ethiopia; and horrific conflict in Israel and Gaza.

> Hours after two powerful earthquakes hit **Türkiye**, Project HOPE deploys an emergency response team to provide essential supplies to affected populations in southern Türkiye and northwest Syria. Our work with local partners supports the humanitarian needs of roughly 500,000 people over the course of the year.

FEB 6 **APR 15** JUN 9

Project HOPE begins responding to the widespread humanitarian crisis in **Sudan**, helping coordinate the delivery of \$13 million (24,000 pounds) of vital medical supplies and therapeutic food to support more than 100,000 people. Through local partners, we provide specialized support for internally displaced people (IDPs) and refugees — connecting them to comprehensive case management, counseling, medications, and referrals to higher-level care.



Project HOPE becomes one of the first organizations to operate in Ethiopia's Tigray Region after violence subsides, carrying out a campaign to deliver the first set of COVID-19 vaccines to the area in partnership with the Tigray Regional Health Bureau, World Health Organization, and USAID. In the Afar, Amhara, Oromia, and Tigray regions, we provide health and nutritional support to people affected by the civil conflict, which includes the deployment of mobile medical units (MMUs) to deliver primary health care, emergency nutritional assistance, and maternal and reproductive care.



and launching vital work that would grow into 2024.

Project HOPE distributes clean drinking water and hygiene kits to families whose homes were damaged by severe flooding following a Russian attack on the Kakhovka Dam near Kherson, Ukraine.



**AUG 17** 

SEP 8

OCT 7

When a 6.8-magnitude earthquake strikes **Morocco**, Project HOPE launches an emergency response to support search and rescue operations through our longtime partner SAMU. In rural villages disconnected from the local health system, we work with partners to support the operation of MMUs, distribute 450 hygiene kits, and conduct 16 mental health and psychosocial support (MHPSS) workshops for 415 women and 295 children.

anera

## **Integrated Solutions**

The crises facing global health systems **are complex.** It's never enough to treat the symptoms — we must confront the root causes. Project HOPE's support enables health workers to gain the tools they need to address the health challenges facing their communities. Our integrated solutions cut across everything we do and lead to sustainable change to withstand shocks and stresses.

**Advancing Health Equity** 

Everyone, everywhere deserves access to the care they need to thrive. In 2023, we promoted health equity by showing up in communities beyond the reach of formal health services, whether in rural villages in Indonesia, clinics on the Colombia-Venezuela border, or birthing centers in Sierra Leone. In **Haiti**, our MMUs reached communities without access to functioning health facilities, delivering free primary health care and mental health support amid the worsening humanitarian crisis. From October to December 2023, our teams operated MMUs on a near-daily basis, treating more than

45,000 patients in the Sud, Nippes, and Grand'Anse departments.

**HEALTH EQUITY** 

Gender Protection

echnology

INNOVATION

otection



**Expanding Mental Health Access in Poland** 

Tetiana and her two daughters are Ukrainian refugees from Kherson now living in southern Poland. The three of them survived under Russian occupation for a month before fleeing their home. "The occupation was one of the worst experiences of my life," she says. "Every day you're under surveillance, and your phone and contacts are checked."

Thanks to Project HOPE and our local partner, Tetiana found a safe space in Poland, where she attends group therapy sessions and her girls can play and interact with other children from Ukraine. "This place is a real treasure to us," Tetiana says. "I cannot imagine our lives without this center."

Project HOPE expanded access to mental health and psychosocial support services around the world in 2023, especially in communities touched by crisis. In places like Poland, Moldova, Ukraine, Türkiye, Syria, Morocco, and beyond, that work is helping families like Tetiana's find the care and support they need.



Project HOPE's policy and advocacy team continued to grow its influence and see impactful results in 2023. Among the highlights was the Congressional Briefing on Frontline Health Workers, an event we held at the U.S. Capitol with Representative Ami Bera (D-CA) in support of health workers around the globe. The advocacy team also delivered several statements to the United Nations (UN) member states at key UN meetings and authored 11 opinion pieces in publications including Newsweek and The Hill. Project HOPE was specifically mentioned on the floor of the U.S. House of Representatives during policy debates, and we delivered thousands of letters from Project HOPE supporters to Congress at a critical moment in support of humanitarian assistance.

### Water, Sanitation, and Hygiene

Water, sanitation, and hygiene (WASH) services are critical in preventing and curbing disease outbreaks, safeguarding community health, and preserving dignity. In 2023, our work supporting WASH access took many forms. In rural villages of southern Türkiye, we installed 50 solar water chlorination systems to help tens of thousands of earthquake survivors access safe drinking water. In response to cholera outbreaks in the Grand Sud region of **Haiti**, we equipped health clinics with emergency WASH supplies, distributed hygiene kits, renovated water points, and trained community health agents. In Ukraine, we distributed 95,532 hygiene kits and nonfood items to 239,624 community members. We also delivered 7 million liters of emergency drinking water to communities affected by the destruction of the Kakhovka Dam and distributed sanitation supplies to 18 health facilities that serve more than 235,000 Ukrainians every year.



### **Harnessing Innovation** for Health

Project HOPE places innovation and technology at the heart of our global health work. This includes creating digital health products that transform how patients manage their health. In China, Project HOPE developed the Pro Preg app to help thousands of women detect early maternal health risks. After a successful trial, the app was introduced in five hospitals and scaled up to reach more than 2,800 women in 2023. Also in China, Project HOPE designed the Asthma Free app to help pediatric patients with asthma better manage their health. Using the app, health workers can review health questionnaires and communicate with patients and parents. More than 5,800 patients and 76 hospitals are now using the app across China.

## **Strengthening Gender Protection and Safety**

In 2023, we made efforts to prevent gender-based violence (GBV) and continued to strengthen access to health care and protection services for women and girls, especially those living through crises. In Haiti, our mobile clinics provided medical and mental health care and dignity kits to survivors of GBV. In **Ukraine**, we trained health workers to better address the needs of GBV survivors. We also supported dedicated safe spaces where women and girls can access free mental health services in addition to a variety of psychosocial offerings like job training workshops, yoga, and language classes.

THE HOPE WE SHARE

## **Lasting Impact**

Project HOPE strengthens health systems for the long term by working hand-in-hand with local health workers and their communities. Here's how we leveraged our global health expertise and our network of health workers and partners to spark transformative and long-term change in 2023.



# Women, Newborn, and Child Health

We expanded maternal health care for women in Colombia, the Dominican Republic, Indonesia, Nigeria, Sierra Leone, and around the world working toward reducing mortality rates and giving women and their newborns a healthier start by training health workers, equipping health facilities, and strengthening prenatal care. In Niger State, Nigeria, with support from the Bill & Melinda Gates Foundation through Technical Advice Connect, we improved antenatal coverage by bringing thousands of women together to receive health services and learn from health workers and each other about how to participate in their own care. In less than a year, 1,962 groups were formed, 300 health workers were trained, and more than 17,000 pregnant women were reached with life-changing education and support.

#### The UN Sustainable Development

**Goals (SDGs)** — or "Global Goals" — act as the cornerstone for the UN's 2030 Agenda for Sustainable Development. These 17 goals provide a universal framework for addressing the world's most pressing challenges, such as poverty, inequality, climate change, and global health, setting clear benchmarks for progress by 2030.

Through our multifaceted programs and partnerships, Project HOPE is working to advance multiple SDGs, with a focus on SDG3, which would ensure healthy lives and well-being for all.

## Helping Ukraine Rebuild

In 2023, Project HOPE continued to lead a comprehensive humanitarian response in Ukraine, Moldova, Poland, and Romania, reaching 1.2 million people with direct support. We equipped more than 130 health facilities in Ukraine with supplies and medicines, trained 3,407 health workers, and deployed 36 MMUs to reach people in remote and frontline communities.

Even amid conflict, we built sustainable solutions that will have a long-term impact on Ukraine's health system. Project HOPE completed reconstruction projects on six damaged facilities in 2023, including the construction of a new ambulatory unit. We also facilitated mental health counseling, psychosocial support, and various wellness activities for more than 71,000 people, helping Ukrainians find the support they need to process and endure the ongoing crisis.

In Poland, Moldova, and Romania, we continued to connect refugees with medical consultations and equip health facilities with medical supplies and equipment. As part of this work, we provided mental health support to 22,661 refugees and engaged 5,134 people in social cohesion activities to help support their integration into their new communities.

# **Equipping the Global Health Workforce**

Around the world, we strengthened local capacity by connecting health workers with the training they need to provide expert care and save lives. We also partnered with clinical and academic institutions to ensure quality education for the next generation of doctors, nurses, and midwives. In North Macedonia and Kosovo. we trained 960 health workers on five different modules, including Neonatal Basic Life Support, Neonatal Ventilation, and Infection Prevention and Control. In **Indonesia**, Project HOPE trained 4.443 health workers on resuscitation procedures as part of the Expanding Saving Lives at Birth program. And in **Ukraine**, we provided a diverse series of trainings on mental health, trauma care, and more, reaching 3,407 health workers including anesthesiologists, trauma surgeons, and pediatricians. We also helped establish Sierra Leone's firstever graduate program in neonatal nursing through the College of Medicine and Allied Health Sciences at the University of Sierra Leone, which admitted its first students in May 2023.





# Slowing the Spread of Disease

We helped to prevent and manage infectious and noncommunicable diseases in partnership with local health workers around the globe. In China, we trained health workers to implement our signature "5 Steps to Self-Care" curriculum to empower and educate people living with or at risk of diabetes. We expanded access to polio vaccines and other immunizations in six regions of **Ethiopia** with support from the Bill & Melinda Gates Foundation, and we strengthened hypertension control at primary health care centers in Nigeria by supporting local governments and health workers in improving patient monitoring and reducing barriers to access care. We provided treatment for cholera patients in Haiti and distributed hygiene kits to help community members protect their families. And in Kosovo, we delivered more than \$3 million in cancer medications to hospitals and health facilities.

THE HOPE WE SHARE

# Health Affairs

In 2023, *Health Affairs Journal* was **ranked the No. 1** health policy journal in the world, earning its highest-ever Journal Impact Factor of 9.700.

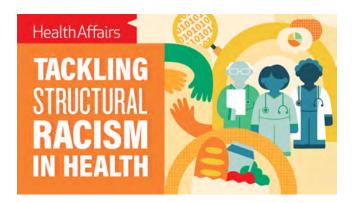


Beyond the journal, Health Affairs provides important health policy content across multiple platforms. For example, *Health Affairs Forefront* published more than 450 commentary and timely analytical articles, Health Affairs podcasts generated nearly 175,000 downloads, and 43 events were convened in 2023.

One of those events took place on February 3, when the Health Affairs Council on Health Care Spending and Value, formed in 2018, detailed the findings of its final report, "A Road Map For Action." The nonpartisan 21-member council was chaired by former Senate Majority Leader William Frist (R-TN) and former Food and Drug Administration Administrator Margaret Hamburg. The report recommended ways the U.S. can take a deliberate approach to moderating health care spending and growth while maximizing value.



Health Affairs Scholar, a new online open access (OA) journal, published in partnership with Oxford University Press, released its first studies in June 2023. The first new journal under the Health Affairs brand, it serves as a companion to Health Affairs, providing an additional forum for high-quality, peer-reviewed health policy and health services research. Articles were cited in a U.S. Senate Budget Committee hearing and covered in the New York Times, Los Angeles Times, and NPR.



And 2023 was a banner year for the *Health Affairs* journal. Its monthly issues included three groundbreaking theme issues: "Public Health During COVID-19" in March; "Tackling Structural Racism in Health" in October; and "Global Lessons from COVID-19" in December. A video produced along with the issue about structural racism earned a prestigious silver Telly Award, surpassing the bronze award *Health Affairs* garnered in 2022.



In 2023, Health Affairs welcomed the second group of HEFT (Health Equity Fellowship for Trainees) fellows, pictured here at a gathering in Washington, DC. The first peer-reviewed study from a graduate was published this year in *Health Affairs*.





#### **PARTNER HIGHLIGHT**

**Boston Scientific** has been a committed partner to Project HOPE since 1997, supporting our programs in South Africa, India, Colombia, Texas, Mexico, and emergency responses in Sierra Leone, Ecuador, Haiti, and Poland. Additionally, the Boston Scientific Foundation has generously supported our response programming in Ukraine, Israel, and Gaza. Boston Scientific employees have shown their support through its Employee Matching Gifts program, and the company received Project HOPE's 2023 Global Health Partner Award, which recognizes a company that has made a significant contribution to global health.

Boston Scientific is committed to addressing the shortage of trained community health workers and has provided major support to our programs educating health care workers on noncommunicable diseases. Together, Project HOPE and Boston Scientific have trained more than 4,200 community health workers and provided chronic disease screenings for more than 15,000 patients in India, South Africa, and Colombia.

Project HOPE is grateful for Boston Scientific's continuous support of our mission and proud of the work we are doing together to increase equitable access to health care around the world.



#### **DONOR SPOTLIGHT**

**Bob and Anne Mehlich's** ties to Project HOPE date back to the organization's inception in 1958. Bob's parents were early supporters, attending fundraising events and gatherings designed to bring the world's health challenges to light. Today, Bob and Anne remain strong supporters of Project HOPE's mission. "When we became old enough to appreciate the amazing work that they provide, we decided to give," Bob says. "The world has its share of disasters, whether natural or manmade. Giving to Project HOPE is a way of giving back to the world and humanity. Not too many organizations are spread across the world helping provide medical care in communities that need it most." Bob and Anne want donors to know that by giving to Project HOPE, they can trust that the funds are going to the right sources to make a difference. "Many times, we feel helpless when we read about the catastrophes and human suffering around the world," Bob says. "Giving to Project HOPE is an answer to how we can help."

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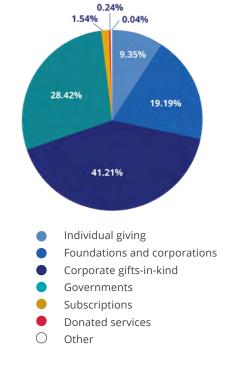
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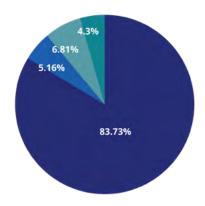
## **Financial Summary**

For the 12 months ending December 31, 2023 (in thousands)

FY 2023 Revenue	
REVENUE AND SUPPORT	
	47.050
Individual giving	17,052
Foundations and corporations	34,990
Corporate gifts-in-kind	75,136
Governments	51,821
Subscriptions	2,809
Donated services	437
Other	74
Total revenue and support	\$182,319

#### FY 2023 Expenses **EXPENSES AND CHANGES IN NET ASSETS Program services** 150,425 Health education and assistance 9,277 Health policy 159,702 **Total program services** Support services 12,230 Fundraising 7,729 Management and general 19,959 **Total support services Total expenses** 179,661 **Changes in net assets from operations** 2,658 Nonoperating changes in net assets: Foreign currency loss (136)Net investment gain (loss) on investments 3,146 467 Pension-related changes FAS 158 Change in net assets 6,135 46,564 Net assets, beginning of fiscal year \$52,699 Net assets, end of fiscal year





- Health education and assistance
- Health policy
- Fundraising
- Management and general support

Project HOPE's complete audited financial statements with an unqualified opinion by Plante & Moran, PLLC are online at projecthope.org.

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<sup>\*</sup> In loving memory of Gail Wilensky, 1943-2024.

<sup>\*\*</sup> Alumni Council

## **Donors**

Generous donors act as a source of hope every day, with financial backing that supports our lifesaving programs. Project HOPE would like to thank our Board of Directors for their generous support. We publicly recognize our corporate and foundation partners and event donors who gave \$10,000 or more in fiscal year 2023. For more information on how you can support Project HOPE's global health programming, visit projectHOPE.org or call +1 844 349-0188.



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For more information on how you can support Project HOPE's global work, please call +1 844 349-0188 or email HOPE@projecthope.org.

## Health Affairs '

For information on Health Affairs, please reach out to Emily Zeigenfuse, Senior Director Marketing and Digital, at +1 202 539-4495 or ezeigenfuse@projecthope.org.

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Hummerichs Bitze 13 53229 Bonn Germany info@projecthope.de www.projecthope.de

### PROJECT HOPE, **SWISS INTERNATIONAL FOUNDATION**

c/o Reliance Trust 6 rue de Saint-Leger 1205 Geneva Switzerland



of our expended resources support programs

support administration and fundraising

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