



# Humanitarian Response to the War in Ukraine

2023 Impact Report

**1.2  
Million**

**People supported directly**

In 2023, Project HOPE continued to lead a highly coordinated, comprehensive humanitarian response in Ukraine and neighboring Moldova, Poland, and Romania, prioritizing frontline communities and refugees.

In **Ukraine**, we have been supporting the local health system by equipping health clinics with supplies and medicines, training health workers, and deploying mobile medical units (MMUs) to reach people in remote and frontline communities. We've also been reconstructing damaged health and community facilities and launching a winterization campaign to mitigate the impacts of severe weather, power outages, and mass displacement. Importantly, we're also bolstering mental health and psychosocial support (MHPSS) services and securing access to essential water, sanitation, and hygiene (WASH) supplies.

In **Poland, Moldova, and Romania**, our team has connected refugees with medical consultations, equipped health facilities with medical supplies, and provided refugees with MHPSS services paired with social cohesion activities to facilitate integration into their new communities.

In the last year, Project HOPE has:

## Ukraine

- Delivered pharmaceuticals, medical supplies, and equipment to over **130** health facilities
- Operated **36** mobile medical units that have treated more than **195,713** patients
- Rehabilitated **6** health and social facilities
- Trained **3,407** health care workers in trauma care, mental health, and other skills
- Incentivized **233** specialized health workers, who treated **265,493** patients in **33** hospitals
- Supplied **9** ambulances to provide specialized medical transportation for **6,343** patients
- Provided mental health support for **71,542** people
- Distributed **95,532** hygiene kits and NFIs
- Delivered **7 million** liters of drinking water to frontline communities
- Provided **88,333** items for winterization, including generators, electrical heaters, and fuel

## Poland, Moldova, Romania

- Provided **1,178** primary medical consultations and **1,010** vouchers for medicines
- Provided **1,021** patients with physiotherapy and rehabilitation services
- Supported **1,937** Ukrainian refugee children with specialized medical services
- Trained **755** humanitarian and social workers
- Provided mental health support for **22,661** people
- Supported **5,134** people with social cohesion activities

# Project HOPE's Response in Ukraine



Larysa

"We are grateful to you for this help, because now we can save lives. Many patients have developed complications of chronic diseases due to the war. Now people have started taking medicines and they are no longer afraid. They know that they will always get help here."

- Larysa, a family doctor from Kherson Primary Health Care Center No. 1.



Alla

Alla, 40, was displaced from her home in Kherson and moved to Odesa in September 2023. She began visiting Project HOPE's safe space so her 10-year-old daughter could receive psychological support. Soon after, Alla began attending classes for adults and started individual consultations. "I work individually with a psychologist, and I think it is very, very important, especially now," she says. "We have lost confidence in ourselves, confidence in tomorrow, and what comes after it. But I can already see my progress: I have learned to plan a few weeks ahead and am not afraid of it anymore because life goes on no matter what."



Ihor

"What you do helps doctors a lot. Especially the surgeons. Our workload has increased, but thanks to Project HOPE we are able to do our job better and help more people."

-Ihor, a surgeon at the Liubashivka Multidisciplinary Intensive Care Hospital in Odesa region



## Health System Strengthening

Two years of full-scale war and constant attacks have had a severe impact on the country's health system, causing medicine and staff shortages and the disruption of primary health care services.

In 2023, Project HOPE deployed **36 MMUs** and provided **9 ambulances** to expand primary health care access and specialized medical transportation for frontline and rural communities.

Project HOPE has also supported health workers by incentivizing specialized **233** health workers in **33** hospitals and providing a diverse series of high-quality trainings to anesthesiologists, trauma surgeons, pediatricians, and more, reaching **3,407** health workers across Ukraine.



## Mental Health and Psychosocial Support (MHPSS)

Project HOPE continues to support the mental health and well-being of Ukrainians through mental health counseling, psychosocial support, and activities through 11 locations, reaching **71,542 Ukrainians** in 2023. MHPSS centers have provided people with social and recreation activities, education, skills and language classes, individual and group counseling, psychoeducation, art therapy, yoga and fitness classes, and empowerment workshops.

Project HOPE has also provided surge staffing for psychologists and established telehealth counseling for staff and patients at 12 frontline health facilities in active conflict zones.



## Water, Sanitation, and Hygiene (WASH)

In 2023, Project HOPE distributed **95,532 hygiene kits** and non-food items to 239,624 community members, as well as **7 million liters** of emergency drinking water to communities affected by Russian occupation and the destruction of the Kakhovka Dam.

Project HOPE also purchased and delivered sanitation supplies for 18 health facilities, which will continue to serve an estimated **235,975** Ukrainians every year.



## Winterization & Non-Food Items (NFIs)

As attacks on Ukraine's energy infrastructure persisted in 2023, Project HOPE delivered **201 generators** to 103 facilities – including hospitals and IDP shelters – to restore essential services for Ukrainians across the country. And, to mitigate the impact of harsh winter conditions, Project HOPE distributed **87,799** winterization NFIs, including electrical heaters, bedding, thermal clothing, and **333** tons of fuel.



## Rehabilitation of Health and Social Facilities

Since 2022, 1,518 Ukrainian health facilities have been damaged and 195 have been destroyed. In collaboration with the Ministry of Health and local health authorities, Project HOPE has prioritized the rehabilitation of **12 health and social facilities** in the Kyiv, Chernihiv, Kharkiv, and Kherson oblasts, which reach nearly 420,000 people every year. In 2023, Project HOPE successfully completed six projects, including the construction of a new ambulatory unit.



**Liudmyla**

Liudmyla is a lifelong resident of Zahaltsi, Kyiv Oblast, who works as a janitor at the local school. After the newly built outpatient clinic was opened in August 2023, Liudmyla has already used its services several times.

"I have a father who is disabled and uses a wheelchair," Liudmyla says. "The building is new, comfortable and inclusive. It is so nice to be there. It is the highest standard our village has ever seen. Besides, it saves us time and money, because before we had to travel to the hospital in another city."



**Iryna**

"Thank you very much for bringing us water. Not having water is like not having hands. Drinking water for us is worth its weight in gold." –Iryna, who received drinking water in Posad Pokrovske, Kherson oblast, which was severely damaged in the war.

# Project HOPE's Refugee Response

## Health System Strengthening

Project HOPE has continued to support the medical needs of refugees in Poland and Moldova, while helping to strengthen host country health systems.

In Moldova, Project HOPE has helped to provide **1,178** primary medical consultations and **1,010** medicine vouchers.

In Poland, Project HOPE supported the opening of a Ukrainian children's ward at University Children's Hospital (UCH) in Kraków, which has provided **1,937** Ukrainian refugee children with access to oncology, hematology, general surgery, emergency, physiotherapy, and outpatient medical services in the past year.

Project HOPE has also helped **1,740** patients with primary and specialized health care and diagnostic referrals.

In 2023, Project HOPE and its partners trained a total of **755** local humanitarian and social workers supporting Ukrainian refugees, on topics like MHPSS, gender-based violence (GBV), protection from sexual exploitation and abuse (PSEA), cultural competency, safeguarding, cognitive-behavioral therapy, clinical art therapy, and gender equality and social inclusion (GESI).

Galyna, 69, from war-torn Mariupol, Ukraine, found support at Casa Marioarei, Project HOPE's partner in Moldova, where she attended group therapy sessions with other refugees. Victor, also displaced from Mykolaiv, Ukraine, struggled with separation from his children in the midst of the conflict. Both found invaluable support at Casa Marioarei, where a psychologist helped them work through their trauma. Despite their trials, they discovered a welcoming community and also made good friends.



## Looking Forward

More than **14.6** million people — about 40% of the Ukrainian population living in Ukraine — will require humanitarian assistance in 2024. Of those, more than **3.3** million reside in frontline communities and nearly 4 million are internally displaced.

In 2024, Project HOPE will prioritize emergency response for frontline communities and newly liberated territories in Ukraine, while continuing to support refugees in Poland and Moldova, through:

- **Health and Psychological Support:** expanding access to medical services, supporting health workers, distributing medical supplies, and establishing psychosocial support centers
- **Water, Hygiene, and Winterization:** providing essential non-food items and supplies to meet humanitarian needs
- **Rapid Repair and Reconstruction:** rebuilding health and social service facilities to ensure access to lifesaving services
- **Refugee and Host Community Support:** enhancing health care and social integration for refugees and host communities, while addressing gaps in local health systems

Project HOPE remains committed to addressing the evolving urgent health and humanitarian needs in Ukraine and in neighboring countries hosting refugees to support the region's long-term recovery.

## Social Cohesion

In Moldova, Poland, and Romania, Project HOPE supported **5,134** Ukrainians and host community members with social cohesion activities, including games, sports competitions, movies, interactive classes, vocational training courses, physical wellness programs, teambuilding exercises, and language classes.



## Mental Health and Psychosocial Support (MHPSS)

Project HOPE funded the creation of **10** Child Friendly Spaces (playrooms) with a focus on MHPSS for children and caregivers in several locations throughout Poland and Moldova. We also supported two MHPSS centers and 32 satellite locations, including a hotline, to offer support to refugees, supporting a total of **22,661** people with MHPSS services across Romania, Moldova, and Poland in 2023.